OCB Organization of Competitive BODYBUILDERS

FITNESS MODEL SCORE SHEET

Contest Name: ____ **Date:** ___________________

City/State: ____

Judge Name: ____ **Judge Number:** _________________

The Fit Body portions of scoring are on a scale of 1-10 each, 10 being the highest, and are based on symmetry and toned physically fit and athletic appearing physiques.

The presentation/appearance portions of scoring are on a scale of 1-10 each, 10 being the highest, and are based on appropriateness of attire, suit style/cut/fit, grooming, poise, attractiveness, overall self-confidence, and ability to present in a marketable manner.

#	Swimwear		Fitness Apparel		Sum	Place
	1-10	1-10	1-10	1-10		
	Fit Body	Presentation/ Appearance	Fit Body	Presentation/ Appearance		