



Competitor Intro Sheet

(Some answers can be left blank if choosing to not have something announced)

City/State of Residence: _____

Age: _____ Year's Weight Training: _____ Length of Time Preparing for the Competition: _____

Why did you start competing, or why do you continue to compete?: _____

Division(s) Entered in Today: _____

Comments you'd like announced for your introduction (ex. Occupation, anyone you'd like to thank, past titles won, etc.): _____

Competitor #: _____ Name: _____

Spell name as it sounds to aid emcee: _____