



## OCB Maine Event September 26,2010 – Scarborough, Maine

**Location:** Scarbrough High School, 20 Gorham Rd, Scarbrough, Maine,04074

**Show times:** 11 AM live Judged show (group comparisons, individual routines and awards all in the same segment)

**Divisions: Men's Bodybuilding:** Teen, Novice, 50+, 40+, Open - **Women's Bodybuilding:** Novice, 40+, Open - **Figure:** Novice, 35 +, Open.

**Division Details:** Teen: Age 19 and Under. Novice: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Age Divisions: Open only to those falling into the stipulated age range (ex. 40+ is for competitors age 40 and over only).

**Classes:** Split evenly by height as specified in the OCB Guidelines.

**Crossovers:** A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well.

**Check-in:** Sunday,Sept 26,2010 8am at venue, **polygraph on site, first come first served.**

**Contestant meeting:** 9:30 am at Scarbrough High School

**Fees:** Entry \$45 if postmarked by 09/10/10, \$55 if postmarked after 09/10/10. Walk-ins the day of the event will be allowed ONLY if contact is made with the promoter prior to the day of the event to schedule drug testing on show day. Entry fee for walk-ins on show day will be \$70, no exceptions. Crossovers \$25 per additional class. OCB Membership \$50, Polygraph Testing \$40.

**Tickets:** Adult General Admission \$25 , Trainers Ticket \$25, Under 14 General Admission \$10.

**Drug Testing:** Polygraph testing for all bodybuilding & figure competitors. \$40 payable in cash or money order to the polygraph examiner day of the test. Photo identification for all athletes will be checked prior to polygraph testing. Plus all competitors subject to additional forms of testing if requested at the discretion and expense of the promoter.

**Backstage policy:** 1 assistant per competitor allowed, assistant MUST buy a trainers ticket (\$25).

**Routines:** Routine length 60 secs for bodybuilding. Props allowed. Music is to be provided on CD only.

**Directions:** Please use [www.Mapquest.com](http://www.Mapquest.com) or [www.Yahoo.com](http://www.Yahoo.com) maps to get exact directions from your location.

**Hotel:** . TBA

**Payment:** Send Entry Form and Advance Ticket sale information and payments to: Sean Sullivan 15 Carleton DR Mashpee MA 02649 or call 774-836-0313

**Contact:** [www.soabodybuilding.com](http://www.soabodybuilding.com), 774-836-0313, [sulcop96@aol.com](mailto:sulcop96@aol.com)

Keep this page for your reference  
[www.theOCBwebsite.com](http://www.theOCBwebsite.com)



# OCB Maine Event September 26, 2010

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### WAIVER/RELEASE

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB.

I have read, understand, and agree to the above terms

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

If under 18, parent's name: \_\_\_\_\_

Parent's signature: \_\_\_\_\_

### DIVISION(S) ENTERING (check)

#### Men's Bodybuilding

- Teen
- Novice
- 50+
- 40+
- Open

#### Women's Figure

- Novice
- 35+
- Open

#### Women's Bodybuilding

- Novice
- 40+
- Open

*Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). Eligibility is verified during polygraph testing.*

*Classes are formed by dividing divisions into equally sized classes by height.*

### Amount to Enclose with Entry Form:

Entry \$45 if postmarked by 09/10/10, \$55 if postmarked after 09/10/10. Walk-ins the day of the event will be allowed ONLY if contact is made with the promoter prior to the day of the event to schedule drug testing on show day. Entry fee for walk-ins on show day will be \$70

Entry Fee: \$ \_\_\_\_\_ Crossover Fee: \$ \_\_\_\_\_

### Send Entry & Payment to:

**Sean Sullivan  
15 Carleton Dr  
Mashpee MA 02649**

Note: If you are not a current member of OCB and entering bodybuilding, figure or Fitness Model, you must also submit an OCB membership form (available on www.theOCBwebsite.com or at the contest on the day of the show - \$50 annual fee, includes a one-year subscription to Fitness & Physique magazine). If you are entering the Ms. Fitness division and are not a current member of the IFSB, you must submit your IFSB membership application (available on MsFitness.com or at the contest on the day of the show - \$50 fee, includes a one-year subscription to Ms. Fitness magazine).



### Advance Ticket Sales Order Form

#### OCB Maine Event – September 26, 2010– Scarborough, ME

Advance ticket purchases will be available for pick-up at the ticket counter Will Call on the day of the event.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Order Form	Cost	Quantity	Total Cost
Adult General Admission*	\$25.00		
Under 14 General Admission	\$10.00		
Trainer's Ticket	\$25.00		

\*Adult General Admission \$25 in advance or \$30 at the door.

Make Checks Payable and Mail to:

**Sean Sullivan**  
**15 Carleton Dr**  
**Mashpee MA 02644**