



OCB Battle for the Swords - October 2, 2010 – Pittsburgh, PA

Coverage in Fitness & Physique Magazine - IFPA Open & Masters Pro Qualifier – Ms. Fitness USA National Qualifier

Location: Moon Middle School Auditorium, 8353 University Blvd, Moon Township, PA 15108

Show Times: Prejudging: 11:30 AM, Finals: 6:00 PM

Divisions: Men's Bodybuilding: Novice, Great Grand Masters 60+, Grand Masters 50+, Masters 40+, Sub Masters 35+, Open – Women's Bodybuilding: Novice, Masters 35+, Open – Figure: Novice, Masters 35+, Open – Bikini: Open – Female Fitness Model: Open – Ms. Fitness: Open. *Promoter reserves the right to add or drop classes based on number of entries.*

Division Details: Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). Open Division: Open to anyone regardless of age and level of experience.

Classes: Open: Men's Bantamweight to 156 lbs, Lightweight 156.25 lbs to 176 lbs, Middleweight 176.25 lbs to 190 lbs, Heavyweight over 190 lbs. All other divisions split evenly by height.

Crossovers: A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well.

Check-in: Friday October 1st from 7:00 PM – 9:00 PM at the host hotel or Saturday October 2nd from 8:00 AM – 9:00 AM at the contest venue.

Contestant meeting: Saturday October 2nd at 10:00 AM at the contest site.

Fees: Entry \$50, Crossover Entry \$45 per additional class. OCB Membership \$50 (if not already a current member), Polygraph Exam \$40 (payable to the examiner at the time of testing). Urine testing fee \$5. All fees non-refundable.

Entry Deadline: September 29th.

Awards: Awards for top 7 placements in each class and Best Poser awards.

Tickets: Adult General Admission Prejudging \$15, Adult General Admission Finals \$25, General Admission Combo (All Day) \$35, General Admission Kids Under 11 Prejudging \$5, General Admission Kids Under 11 Finals \$5, Trainer's Ticket (only applicable to those helping a competitor prepare back stage – one trainer max per competitor is permitted – trainer's tickets are good for general admission seating at both shows and back stage access) \$45, Reserved VIP finals \$35 (advance purchase only, front center section). Tickets non-refundable.

Drug Testing: Polygraph testing for all bodybuilding & figure competitors (If in Fitness Model only, not required to take the polygraph exam). Photo identification required. It is the competitors' responsibility to ensure they are polygraph tested for the event. If any competitors are not polygraph tested for the event they are ineligible for competition. Urine testing for Figure Open & Masters 35+, Men's Bodybuilding Open & Masters 40+, and Women's Bodybuilding Open & Masters 35+ overall winners (in addition to their polygraph tests). Urine samples will be collected immediately after the show. It is the competitors' responsibility to ensure a sample is provided before leaving the event. If competitors do not provide samples, eligibility for IFPA pro competition will be void. Plus all competitors subject to additional forms of testing, if requested, at the discretion and expense of the promoter. Polygraph testing will take place on Friday May 7th at the host hotel (times to be determined) and Saturday May 8th at 8:15 AM the contest venue. Promoter will contact entrants 1-2 weeks before the show to schedule appointments for testing.

Backstage policy: One assistant max per competitor allowed, assistant MUST buy a trainers ticket, which is good for General Admission and back stage access.

Tanning: Airbrush tanning using Pro Tan available the night before and day of the show. Three coats + one touch-up \$60. Two coats + one touch-up \$50. One coat + one touch-up \$40. Touch-up only \$20. Contact Frank Williams at (412) 260-7366 to schedule or email frank.razor@gmail.com.

Photo & Video: Coverage will be available for purchase. Video cameras not permitted in theatre.

Routines: Routine length 60 seconds for bodybuilding 90 seconds for Ms. Fitness. Props allowed. Ms. Fitness uses house music for the gown and swimwear rounds. Figure competitors furnish their own music for stage walks - at least 90 seconds of music should be provided. Music can be faded out as competitors exit the stage area if longer than actually needed. All Music is to be provided on CD only. No profanity.

Host Hotel: Doubletree Hotel Pittsburgh Airport, 8402 University Blvd, Moon Township PA 15108. For reservations call 412-329-1400. Ask for group code 'Champion Fitness' for \$80/night rates.

Payment: Send Entry Form and Advance Ticket sale information and payments to: Champion Fitness, 4500 Clairton Blvd, Pittsburgh, PA 15236

Contact: Roger Duchon, roger@championfitness.tv, (412) 881-6699

Keep this page for your reference
www.theOCBwebsite.com

OCB BATTLE for the SWORDS

October 2, 2010 – Pittsburgh, PA



ENTRY FORM

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

WAIVER/RELEASE

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB. I have read, understand, and agree to the above terms.

Name: _____ Date: _____

Signature: _____

If under 18, parent's name: _____

Parent's signature: _____

DIVISION(S) ENTERING *(check)*

Men's Bodybuilding

- Novice
- Great Grand Masters Age 60+
- Grand Masters Age 50+
- Masters Age 40+
- Sub Masters Age 35+
- Open

Women's Bodybuilding

- Novice
- Masters Age 35+
- Open

Figure

- Novice
- Masters Age 35+
- Open

Other

- Bikini Open
- Female Fitness Model Open
- Ms. Fitness Open

Amount to Enclose with Entry Form:

Entry \$50, Crossover Entry \$45 per additional class.

Entry Fee: \$ _____ **\$50**

Crossover Fee(s): \$ _____

Urine Test Fee: **\$5**

Total: \$ _____

Send Entry & Payment to:
Champion Fitness
4500 Clairton Blvd
Pittsburgh, PA 15236



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Advance ticket purchases will be available for pick-up at the ticket counter on the day of the event

Advance Ticket Sales Order Form			
Name: _____			
Address: _____			
City: _____		State: _____	Zip: _____
Phone: _____		Email: _____	

Ticket Type	Cost	Quantity	Total Cost
Adult General Admission Prejudging	\$15.00		
Adult General Admission Finals	\$25.00		
Adult General Admission Combo (All Day)	\$35.00		
Kids Under Age 11 General Admission Prejudging	\$5.00		
Kids Under Age 11 General Admission Finals	\$5.00		
Trainer's Ticket	\$45.00		
Reserved VIP Finals (advance purchase only, front center section)	\$35.00		
Total Cost			

Tickets non-refundable.

Make Checks Payable and Mail to:

**Champion Fitness
4500 Clairton Blvd
Pittsburgh, PA 15236**