



## OCB Midwest States Bodybuilding and Figure Competition \* IFPA Pro –Qualifier \*

Coverage in Fitness & Physique Magazine - IFPA Bodybuilding & Figure Open & Masters Pro Qualifier

**Location:** The Egyptian Theatre, 135 North Second St., DeKalb, IL 60115 [www.egyptiantheatre.org](http://www.egyptiantheatre.org)

**Show times:** Pre-judging: 11:30 AM, Finals: 6:30 PM

**Divisions:** Men's Bodybuilding: Teen, Novice, Masters Age 40+, Open – Women's Bodybuilding: Open - Figure: Novice, Master's Age 35+ , Open and First Year Every BIKINI – Promoter reserves the right to add or drop classes based on number of entries.

**Division Details:** Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range. Open Division: Open to anyone regardless of age and level of experience.

**Crossovers:** A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well. Crossovers between Figure, Bikini, and Women's Bodybuilding are not permitted.

**Polygraph Test:** Thursday November 18thnd Friday November 19th host hotel. Promoter will contact entrants 1-2 weeks before the show to schedule appointments for testing, provide info on exact room of testing, etc.

**Check-in:** Bring music at time of check-in. If any competitors do not report for check-in prior to 9:30am Saturday they will be scratched from the show.

**Contestant meeting:** Saturday November 20<sup>th</sup> at 10:00 am at the Egyptian Theatre.

**Fees:** If entry received by or postmarked by November 10<sup>th</sup>: Entry \$50, Crossover Entry \$30 per additional class. If registering after November 10th: Entry \$75. Walk-in entries will not be accepted the day of the event. OCB Membership \$50 (if not already a current member), Polygraph Exam \$55. **Fees non-refundable.**

**Awards:** Custom awards for top 5 placements in each class plus best poser/presentation awards.

**Tickets:** All tickets will call and general admission. Prejudging Adult \$15.00. Finals Adult \$25.00 Student with ID \$10.00. Receive \$5.00 off Finals ticket by bringing a new, unwrapped toy for Toys for Tots program. Order tickets online at [www.egyptiantheatre.org](http://www.egyptiantheatre.org).

**Photography Services:** Stage photography coverage provided by Ichiban Photography, Carlos Cruz Owner, 847-471-1367, [IchibanPhotography.PhotoReflect.com](http://IchibanPhotography.PhotoReflect.com). [losacruz@comcast.net](mailto:losacruz@comcast.net)

**Spray Tanning Services:** Liquid Sun Rayz is the exclusive Sunless Tanning provider for the Midwest States. Please call 309-642-1537 to schedule your spray tanning appointment.

**Drug Testing:** All participants at each OCB, NANBF and IFPA show must submit to polygraph screening for use of banned substances (polygraph test results from OCB or NANBF amateur shows can be honored for other OCB or NANBF amateur shows held within three weeks of each other). Polygraph testing for all bodybuilding, bikini, & figure competitors. Photo identification required. It is the competitors' responsibility to ensure they are polygraph tested for the event. If any competitors are not polygraph tested for the event they are ineligible for competition. Urine testing for Figure, Men's Bodybuilding and Women's Bodybuilding Open and Masters division overall winners (in addition to their polygraph tests). Urine samples will be collected immediately after the show. It is the competitors' responsibility to ensure a sample is provided before leaving the event. If competitors do not provide samples, eligibility for IFPA pro competition will be void. Plus all competitors subject to additional forms of testing, if requested, at the discretion and expense of the promoter.

**Backstage policy:** Due to Egyptian Theatre occupancy rules ONLY competitors will be allowed backstage and in the pump up room. **No Exceptions!**

**Routines:** Routine length 60 seconds for bodybuilding. Figure competitors furnish their own music for finals. All music is to be provided on CD only. **Music should not contain any profanity.**

**Tickets:** Available through the Egyptian Theatre, [www.egyptiantheatre.org](http://www.egyptiantheatre.org). All Tickets are "will call." General Seating.

**Payment:** Send Entry Form and payments to: Fitworkz, "OCB" 1690 Sycamore Rd, DeKalb, IL 60115. Make payments payable to: FitWorkz or online at [www.ocbmidweststates.com](http://www.ocbmidweststates.com). If payment is made online, Entry Form (s) must still be completed, signed and mailed in!

**Host Hotels:**

<p><b>Magnuson Inn &amp; Suites DeKalb/Sycamore</b> 1314 W. Lincoln Hwy. DeKalb, IL 60115 Phone: (815) 748-4800 \$72.00 Mention OCB before 11/01/09 for discounted rate.</p> <p><a href="http://www.magnusonhotels.com">www.magnusonhotels.com</a></p>	<p><b>Best Western</b> 1212 W Lincoln Highway DeKalb, IL 60115 (815) 758-8661 Mention OCB before 11/01/08 for discounted rate. \$79.00 <a href="http://www.bestwestern.com">www.bestwestern.com</a></p>
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**Directions to Theatre:** DeKalb is 1 to 1.5 hours west of Chicago, just off of I88 and has two exits - Peace Road & Annie Glidden Road.

**From the East:** Coming from Chicago or the suburbs get off at the Peace Road exit (unmanned and there is a stoplight). Turn right (North) and take Peace Road until you come to the next stop light (Route 38). Turn left (West) and take Route 38 all the way to 1st Street. Turn right, (North), go one block to Locust Street. Turn right, (east), go one block to 2nd Street - 2nd is one way going south. There will be a parking lot in front of the theater and three more lots within one block of the theater. **From the West** Coming from the west, take I88 and exit off at the Annie Glidden Road exit (manned). Continue (North) on Annie Glidden Road until you come to the first stop light which is Lincoln Highway (Route 38). Turn right (East) and take Route 38 all the way to 1st Street. Turn left (North) go one block to Locust Street. Turn right (East), go one block to 2nd Street - 2nd street is a one way street going south. There will be a parking lot in front of the theater **From the Northeast** Take Rt47 south to Rt38. Turn right (west) and take Rt38, 17 miles to DeKalb. **From Rockford** Take Rt39 south to the Rt38 exit, turn left (going east) and take Rt38 to DeKalb, about 16 miles. Stay on Rt38 which is Lincoln Hwy to 1st Street. Turn left, (north) on 1st Street, go to the next street-Locust Street and turn right. Go to the next street, 2nd Street and turn right. The theatre is on 2nd Street. Parking is located directly across from the theatre.

**Yahoo Maps**

User Name                      ocbmidwest  
Password                        midstates

Login in to Yahoo.com with the above info, the below locations are already plugged in!

**Link to DeKalb Chamber of Commerce and Things to do around Town!**

[www.dekalb.org/experience/leisure-activities.html](http://www.dekalb.org/experience/leisure-activities.html)

**Egyptian Theatre**

(815) 758-1215  
135 N 2nd St  
DeKalb, IL 60115

**Magnuson Inn and Suites**

1314 W. Lincoln Hwy.  
DeKalb, IL 60115  
Phone: (815)748-4800  
Fax: (815)756-5047

**Best Western DeKalb**

[1212 W. Lincoln Highway](#)  
DeKalb, IL 60115  
[www.bestwestern.com](http://www.bestwestern.com)

**Host Gym**

FitWorkz  
1690 Sycamore Rd.  
DeKalb, IL 60115

815-756-1188

[www.FitWorkz.com](http://www.FitWorkz.com)

**Wal-Mart Supercenter Store  
#786**

2300 Sycamore Road  
DeKalb, IL 60115  
(815) 758-6225

**Best Buy****[DeKalb IL \(Store 893\)](#)**

2074 Sycamore Rd  
DeKalb, IL 60115-2043

**Phone:** 815-758-0490

**Hours:** Mon-Sat 10:00am-10:00pm

Sun 10:00am-8:00pm

**Walgreens**

100 W. Lincoln Hwy  
DeKalb, IL 60115  
815-756-1815  
815-756-5181

**Borders****[DeKalb](#)**

2520 Sycamore Rd  
DeKalb, IL 60115  
Phone:815.758.8771

**O'Leary's**

260 E. Lincoln Hwy.  
DeKalb, IL 60115  
(815) 748-0000

**Northern Illinois University Bookstore**

Northern Illinois University Bookstore  
340 Carroll Ave  
DeKalb Il. 60115  
800-999-6488  
Mon-Thur 8-6, Fri 8-4:30, Sat 12-4:30  
<http://www.niu.edu/index.html>

**Village Commons Bookstore**

901 Lucnidan Ave.  
DeKalb, IL 60115  
815-756-6464

**GKC Market Square Movie Theatre**

2160 Sycamore Road  
DeKalb, IL 60115  
815-748-7887

**Dekalb Target**

2555 Sycamore Rd , Dekalb, IL 60115-2051 US  
**Phone:** (815) 748-3080  
**Hours:** Mon-Sat 8am to 10pm Sun 8am to 9pm  
**Pharmacy Phone:** (815) 748-4405

**Contact:** [www.ocbmidweststates.com](http://www.ocbmidweststates.com), etx1@earthlink.net , 815-756-1188  
**Keep this page for your reference**

**OCB Midwest States  
November 20, 2010 – DeKalb, IL**



**ENTRY FORM**

Name: \_\_\_\_\_ Email: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**WAIVER/RELEASE**

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB. I have read, understand, and agree to the above terms.

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Signature: \_\_\_\_\_  
 If under 18, parent's name: \_\_\_\_\_  
 Parent's signature: \_\_\_\_\_

**DIVISION(S) ENTERING (check)**

<u>Men's Bodybuilding</u>	<u>Women's Figure</u>
<input type="checkbox"/> Novice	<input type="checkbox"/> Novice
<input type="checkbox"/> Masters Over 40	<input type="checkbox"/> Master's Over 35
<input type="checkbox"/> Open	<input type="checkbox"/> <b>Open</b>
<input type="checkbox"/> Teen*	<u>Women's Bodybuilding</u>
<input type="checkbox"/> Bikini <b>NEW</b>	<input type="checkbox"/> Open

*Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). Eligibility is verified during polygraph testing. Figure can not crossover to bodybuilding or vice versa.*

**Amount to Enclose with Entry Form:**

Entry \$50 if postmarked by 11/10/10, \$75 if postmarked after 11/10/10. Walk-ins the day of the event will not be accepted. Crossovers \$30 per additional class. All competitors must pass polygraph test, \$55.00. Urine testing for Figure Open, Men's Bodybuilding Open, Women's Bodybuilding Open Men's Master's, and Figure Mater's overall winners (in addition to their polygraph tests). Urine samples will be collected immediately after the conclusion of the show. It is the competitor's responsibility to ensure a sample is provided before leaving the event. If competitors do not provide samples eligibility for IFPA pro competition will be void.

**Entry Fee: \$ \_\_\_\_\_ Crossover Fee (\$30.00):**  
 \$ \_\_\_\_\_

**Polygraph Fee (\$55.00): \$ \_\_\_\_\_**

Payment by (check one):

Check or Money Order     Visa/Mastercard/PayPal\*

Send Entry & Payment to:

**FitWorkz**

1690 Sycamore Rd. \* DeKalb \* IL \* 60115

\*credit card and PayPal payment must be made online at [www.OCBMidwestStates.com](http://www.OCBMidwestStates.com)

**Note:** If you are not a current member of OCB and entering bodybuilding, figure or bikini, you must also submit an OCB membership form (available on [www.theOCBwebsite.com](http://www.theOCBwebsite.com) or at the contest on the day of the show - \$50 annual fee, includes a one-year subscription to Fitness & Physique magazine).