



## OCB Southern Cross Florida State Naturals October 9, 2010 – Daytona Beach, FL

Coverage in *Fitness & Physique Magazine* – Ms. Fitness USA National Qualifier

**Notice:** The product Dream Tan is not permitted at the contest site (due to the ease in which it comes off and difficulty of cleaning it up). This was a requirement for using the facility. Plan to use other tanning products. Spray tanning services will be available at the event. Contact promoter for details.

**Location:** Mainland Senior High School, 1255 West International Speedway Boulevard, Daytona Beach, FL 32114

**Show times:** Pre-judging: 10:00 AM, Finals: 6:00 PM

**Divisions:** Men's Bodybuilding: Novice, Great Grand Masters Age 60+, Grand Masters Age 50+, Masters Age 40+, Open – Women's Bodybuilding: Open - Figure: Novice, Grand Masters Age 45+, Masters Age 35+, Open - Ms. Fitness: Open – Bikini: Open. *Promoter reserves the right to add or drop classes based on number of entries.*

**Division Details:** Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). Open Division: Open to anyone regardless of age and level of experience. Number of classes in each division will be determined based on the number of entries received for each. Divisions that are split into classes will be determined by the promoter and be based on weight for Bodybuilding and on height for Figure and Bikini.

**Crossovers:** A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well. Crossovers between Figure and Women's Bodybuilding are not permitted.

**Check-in/Polygraph Test:** Friday October 8<sup>th</sup> from 4:00 PM – 8:00 PM at the host hotel Hampton Inn Daytona Speedway, 1715 West International Speedway Blvd, Daytona Beach, FL 32114. Bring music at time of check-in. If not possible to check-in Friday must contact promoter in advance to set up Saturday morning check-in.

**Contestant meeting:** Sat. October 9<sup>th</sup> at 8:00 AM at the contest site in the auditorium. Evening show meeting at 5:30 PM.

**Fees:** If entry received by or postmarked by August 28<sup>th</sup>: Entry \$45, Crossover Entry \$30 per additional class. If registering after August 28<sup>th</sup>: Entry \$60, Crossover Entry \$45 per additional class. Walk-in entries will not be accepted the day of the event. OCB Membership \$50 (if not already a current member), Polygraph Exam \$40 (payable to the examiner at the time of testing). Fees non-refundable.

**Awards:** Awards for top 5 placements in each class plus best poser/presentation and most muscular awards.

**Tickets:** Adult General Admission Prejudging \$10, Adult General Admission Finals \$20, Adult General Admission Combo (both shows) \$25, Ages 10-16 General Admission Prejudging \$5, Ages 10-16 General Admission Finals \$5, Ages 10-16 General Admission Combo (both shows) \$10, Children under age 10 free, Trainers Ticket \$35 (only applicable to those helping a competitor prepare back stage – one trainer max per competitor is permitted – trainer's tickets are good for general admission seating at both shows and back stage access). **Only cash accepted day of the event.**

**Drug Testing:** Polygraph testing for Bodybuilding & Figure competitors (if in Ms. Fitness only not required to take the polygraph exam). \$40 payable in cash or money order to the polygraph examiner at the time of testing. Photo identification required. It is the competitors' responsibility to ensure they are polygraph tested for the event. If any competitors are not polygraph tested for the event they are ineligible for competition. Plus all competitors subject to additional forms of testing, if requested, at the discretion and expense of the promoter. Polygraph testing will take place in conjunction with check-in.

**Backstage policy:** One assistant max per competitor allowed, assistant MUST buy a trainers ticket, which is good for General Admission and back stage access.

**Routines:** Routine length 60 seconds for Bodybuilding, 90 seconds for Ms. Fitness. Figure, Ms. Fitness and Bikini competitors furnish their own music for stage walks at finals. Music should be at least 90 seconds long - can be faded out as competitors exit the stage area if longer than actually needed. All music is to be provided on CD only. Music should not contain any profanity. Costumes/props permitted for Bodybuilding and Ms. Fitness routines. Props not permitted for stage walks.

**Host Hotel:** Hampton Inn Daytona Speedway, 1715 West International Speedway Blvd, Daytona Beach, FL 32114. Call (386) 257-4030 for reservations, ask for "Southern Cross" group rate for \$79/night rates.

**Payment:** Send Entry Form and Advance Ticket sale information and payments to: Conrad Reid, PO Box 1614, Deland, FL 32720-1614.

**Contact:** Conrad Reid, creid477@bellsouth.net, (386) 717-2793 or (386) 738-5392.

**Keep this page for your reference**

**www.theOCB.com**

# OCB Southern Cross Florida State Naturals

## October 9, 2010 – Daytona Beach, FL



| <b>ENTRY FORM</b>           |  |
|-----------------------------|--|
| Name: _____                 | Email: _____                           |
| Address: _____ Phone: _____ |  |
| City: _____                 | State: _____ Postal Code: _____        |
| Date of Birth: _____        | Age: _____ Height: _____ Weight: _____ |

| <b>WAIVER/RELEASE</b>  | <b>DIVISION(S) ENTERING (check)</b>   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|--|---|---------------|--|-----------------------------|-------------------------------|---------------------------|---|---------------------------|--|---|--|---|---|---|
| <p><u>Waiver:</u> I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.</p> <p>I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB.</p> <p>I have read, understand, and agree to the above terms.</p> <p>Name: _____ Date: _____</p> <p>Signature: _____</p> <p>If under 18, parent's name: _____</p> <p>Parent's signature: _____</p> | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px;"><b>Figure</b></td> </tr> <tr> <td style="padding: 2px;"> <input type="checkbox"/> Novice<br/> <input type="checkbox"/> Grand Masters Age 45+<br/> <input type="checkbox"/> Masters Age 35+<br/> <input type="checkbox"/> Open                 </td> </tr> <tr> <td style="padding: 2px;"><b>Women's Bodybuilding</b></td> </tr> <tr> <td style="padding: 2px;"><input type="checkbox"/> Open</td> </tr> <tr> <td style="padding: 2px;"><b>Bikini/Ms. Fitness</b></td> </tr> <tr> <td style="padding: 2px;"> <input type="checkbox"/> Bikini Open<br/> <input type="checkbox"/> Ms. Fitness Open                 </td> </tr> <tr> <td style="padding: 2px;"><b>Men's Bodybuilding</b></td> </tr> <tr> <td style="padding: 2px;"> <input type="checkbox"/> Novice<br/> <input type="checkbox"/> Great Grand Masters Age 60+<br/> <input type="checkbox"/> Grand Masters Age 50+<br/> <input type="checkbox"/> Masters Age 40+<br/> <input type="checkbox"/> Open                 </td> </tr> <tr> <td style="padding: 2px;"><b>Amount to Enclose with Entry Form:</b></td> </tr> <tr> <td style="padding: 2px;">                     If entry received by or postmarked by August 28th: Entry \$45, Crossover Entry \$30 per additional class. 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Money orders only after 9/27/10)                 </td> </tr> <tr> <td style="padding: 2px; text-align: center;"> <b>Send Entry &amp; Payment to:</b><br/><br/> <b>Conrad Reid</b><br/> <b>PO Box 1614</b><br/> <b>Deland, FL</b><br/> <b>32720-1614</b> </td> </tr> </table> | <b>Figure</b> | <input type="checkbox"/> Novice<br><input type="checkbox"/> Grand Masters Age 45+<br><input type="checkbox"/> Masters Age 35+<br><input type="checkbox"/> Open | <b>Women's Bodybuilding</b> | <input type="checkbox"/> Open | <b>Bikini/Ms. Fitness</b> | <input type="checkbox"/> Bikini Open<br><input type="checkbox"/> Ms. Fitness Open | <b>Men's Bodybuilding</b> | <input type="checkbox"/> Novice<br><input type="checkbox"/> Great Grand Masters Age 60+<br><input type="checkbox"/> Grand Masters Age 50+<br><input type="checkbox"/> Masters Age 40+<br><input type="checkbox"/> Open | <b>Amount to Enclose with Entry Form:</b> | If entry received by or postmarked by August 28th: Entry \$45, Crossover Entry \$30 per additional class. 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|  | <b>Figure</b>   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <input type="checkbox"/> Novice<br><input type="checkbox"/> Grand Masters Age 45+<br><input type="checkbox"/> Masters Age 35+<br><input type="checkbox"/> Open  |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <b>Women's Bodybuilding</b>   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <input type="checkbox"/> Open   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <b>Bikini/Ms. Fitness</b>   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <input type="checkbox"/> Bikini Open<br><input type="checkbox"/> Ms. Fitness Open   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <b>Men's Bodybuilding</b>   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <input type="checkbox"/> Novice<br><input type="checkbox"/> Great Grand Masters Age 60+<br><input type="checkbox"/> Grand Masters Age 50+<br><input type="checkbox"/> Masters Age 40+<br><input type="checkbox"/> Open  |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
|  | <b>Amount to Enclose with Entry Form:</b>   |               |  |                             |                               |                           |   |                           |  |   |  |   |   |   |
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## Advance Ticket Sales Order Form

**OCB Southern Cross Florida State Naturals – October 9, 2010 – Daytona Beach, FL**  
**Mainland Senior High School, 1255 West International Speedway Boulevard, Daytona Beach, FL 32114**  
**Show Times: Prejudging 10:00 PM, Finals 6:00 PM**  
 Advance ticket purchases will be available for pick-up at the ticket counter Will-Call on the day of the event.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

| Ticket Type   | Cost    | Quantity | Total Cost |
|---|---------|----------|------------|
| Adult General Admission Prejudging  | \$10.00 |          |            |
| Adult General Admission Finals  | \$20.00 |          |            |
| Adult General Admission Combo (good for both show times)                                  | \$25.00 |          |            |
| Ages 10-16 General Admission Prejudging   | \$5.00  |          |            |
| Ages 10-16 General Admission Finals   | \$5.00  |          |            |
| Ages 10-16 General Admission Combo (good for both show times)                             | \$10.00 |          |            |
| Trainer's Ticket (good for general admission seating at both shows and back stage access) | \$35.00 |          |            |
| Under Age 10  | Free    |          |            |
| <i>For trainer's ticket, name of competitor to accompany at show (required):</i>          |         |          |            |
| Total Cost  |         |          |            |

**Only cash accepted the day of the event.** Tickets non-refundable. Make Checks Payable and Mail to:

**Conrad Reid**  
**PO Box 1614**  
**Deland, FL**  
**32720-1614**