



OCB EMPIRE STATE NATURAL April 10, 2010 – Binghamton, NY

IFPA Open & Masters Pro Qualifier – Coverage in Fitness & Physique Magazine

Held in conjunction with the IFPA Men's Pro Bowl

Location: The Forum Performing Arts Center, 236 Washington St, Binghamton, NY 13901

Show Times: Pre-judging: 11:30 AM, Finals: 5:30 PM

Divisions: Men's Bodybuilding: Teen, Novice, Ultra Masters Age 70+, Great Grand Masters Age 60+, Grand Masters Age 50+, Masters Age 40+, Junior, Open – Women's Bodybuilding: Novice, Grand Masters Age 45+, Masters Age 35+, Open. Figure: Novice, Grand Masters 45+, Masters Age 35+, Open.

Division Details: Teen: Open only to those who are age 19 and under. Novice: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters: Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). Junior: Open to those who are age 22 and under. Open: Open to anyone regardless of age and level of experience.

Classes: Men's Novice (2 classes to be determined the day of the show), Men's Open (6 classes: Bantamweight under 145lbs, Lightweight under 155lbs, Middleweight 155lbs to under 175lbs, Light-Heavyweight 175lbs to under 190lbs, Heavyweight 190lbs & over). Women's Open (3 classes: Lightweight under 112lbs, Middleweight 112lbs to 121lbs, Heavyweight 122lbs & over). Figure Open (2 classes: Short & Tall (height to be determined day of the show)).

Awards: Awards for all competitors in each class, best poser awards (Male and Female), all competitors will receive a goodie bag and T-shirt.

Crossovers: A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well.

Check-In: Saturday April 10th at 8:30am at the contest venue

Contestant Meeting: Saturday April 10th at 11:15am at the Forum Performing Arts Center.

Fees: Entry: \$25 per division before March 8th, \$35.00 per division entered after March 8th, \$65.00 per division the day of the show. OCB Membership \$50 (if not already a current member). Polygraph Test \$40 payable to the examiner at the time of testing.

Tickets: \$20.00 All-Day Pass

Drug Testing: Polygraph testing for all competitors. \$40 payable in cash or money order to the polygraph examiner at the time of testing. Photo identification required. It is the competitor's responsibility to ensure they are polygraph tested for the event. If any competitors are not polygraph tested for the event they are ineligible for competition. Urine testing for Figure, Men's Bodybuilding, and Women's Bodybuilding Open and Masters overall winners (in addition to their polygraph tests). Urine samples will be collected immediately after the conclusion of the show. It is the competitor's responsibility to ensure a sample is provided before leaving the event. If competitors do not provide samples eligibility for IFPA pro competition will be void. Plus all competitors subject to additional forms of testing, if requested, at the discretion and expense of the promoter.

Backstage Policy: 1 assistant per competitor allowed, assistant MUST buy a trainers ticket, which is good for General Admission and back stage access.

Routines: ALERT!!! MUSIC MUST BE ON CD ONLY!!!- must be pre-set and a maximum of 90 seconds. Please have your CD labeled, properly formatted and FINALIZED! No profanity.

Host Hotel: Binghamton Regency, 225 Water Street, 1 Sarbro Square, Binghamton, New York 13901. Phone: 607-722-7575. www.bingregency.com/index.html

Payment: Send Entry Form and payments to: Michael Halsey, 8690 Backstretch Path, Cicero NY 13039. Make checks payable to Michael Halsey.

Contact: abfreak@aol.com, (315) 415-6801, NYSnatural.com theOCBwebsite.com

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ENTRY FORM

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

Have you ever won first-place in any class, within any division, with any organization? ___No ___Yes (If yes, not eligible for Novice).

WAIVER/RELEASE

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB.

I have read, understand, and agree to the above terms.

Name: _____ Date: _____

Signature: _____

If under 18, parent's name: _____

Parent's signature: _____

DIVISION(S) ENTERING (check)

Men's Bodybuilding

- Teen (Age 19 and Under)
- Novice
- Ultra Masters Age 70+
- Great Grand Masters Age 60+
- Grand Masters Age 50+
- Masters Age 40+
- Junior (Age 22 and Under)
- Open

Women's Bodybuilding

- Novice
- Grand Masters Age 45+
- Masters Age 35+
- Open

Figure

- Novice
- Grand Masters Age 45+
- Masters Age 35+
- Open

Amount to Enclose with Entry Form:

\$25 per division before March 8th, \$35.00 per division entered after March 8th, \$65.00 per division the day of the show.

Entry Fee: \$ _____
Crossover Fee(s): \$ _____
Total: \$ _____

Send Entry & Payment to:

Michael Halsey
8690 Backstretch Path
Cicero, NY
13039

Make checks payable to Michael Halsey.