



OCB Charm City Classic Bodybuilding & Figure Championships October 9, 2010 – Baltimore, MD

Coverage in Fitness & Physique Magazine

Location: University of Baltimore Langsdale Library Auditorium, 1420 Maryland Ave, Baltimore, MD 21201

Show times: Pre-judging: 12:00 PM, Finals: 4:30 PM

Natural Competition: This is a natural competition. All competitors must meet the eligibility criteria listed in the OCB Drug Testing Guidelines in order to participate. Competitors must review these procedures and the list of banned substances at thenaturalmusclenet.com/OCB/forms/DrugTestingGuidelines.pdf prior to registering for this event.

OCB Membership: All competitors required to be members of OCB to participate in this event. OCB Membership forms and online membership registration options can be found on the OCBwebsite.com, or membership can be obtained when checking in for the event. Cost is \$50 for the annual membership and includes a one-year subscription to *Fitness & Physique Magazine*.

Divisions: Men's Bodybuilding: Novice (2 classes), Grand Masters Age 50+, Masters Age 40+, Open (3 classes) – Women's Bodybuilding: Novice, Grand Masters Age 45+, Masters Age 35+, Open - Figure: Novice (2 classes), Grand Masters Age 45+, Masters Age 35+ (2 classes), Open (2 classes). *Promoter reserves right to add or drop classes based on number of entries.*

Division Details: Novice Division: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range (ex. 40+ is age forty and over). Open Division: Open to anyone regardless of age and level of experience.

Crossovers: A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well. Crossovers between Figure and Women's Bodybuilding are not permitted.

Check-in/Polygraph Test: Friday Oct 8th from 3:30 PM – 9:30 PM at the host hotel or Saturday Oct 9th from 8:30 am – 9:30 am at the contest venue. Bring music at time of check-in. If any competitors do not report for check-in prior to 9:30am Saturday they will be scratched from the show. Promoter will contact entrants 1-2 weeks before the show to schedule appointments for check-in/testing.

Contestant meeting: Saturday Oct 9th at 10:30 am at the contest site in the auditorium

Fees: If entry received by or postmarked by Sept 25th: Entry \$45, Crossover Entry \$30 per additional class. If registering after Sept 25th: Entry \$60, Crossover Entry \$45 per additional class. Entries will not be accepted after Thur Oct 7th. OCB Membership \$50 (if not already a current member), Polygraph Exam \$40 (payable to the examiner at the time of testing).

Awards: Sculptured awards for top 5 placements in each class plus best poser/presentation awards.

Tickets: Adult General Admission Prejudging \$15, Adult General Admission Finals \$30, Adult General Admission Combo (both shows) \$40, Under 18 General Admission Prejudging \$5, Under 18 General Admission Finals \$5, Under 18 General Admission Combo (both shows) \$10, Trainers Ticket \$45 (only applicable to those helping a competitor prepare back stage – one trainer max per competitor is permitted – trainer's tickets are good for general admission seating at both shows and back stage access). Only cash accepted the day of the event.

Photo/Video Services: Stage photography coverage will be provided by OCB. Video coverage will be provided by Slade Media Group. Video cameras will not be permitted in the theatre.

Spray Tanning/Make-Up Services: For information regarding spray tanning and/or make-up services being offered, contact Tanya at (800) 396-6219 or makeup@mstudio10.com.

Drug Testing: Polygraph testing for all competitors. Photo identification required. It is the competitors' responsibility to ensure they are polygraph tested for the event. If any competitors are not polygraph tested for the event they are ineligible for competition. Plus all competitors subject to additional forms of testing, if requested, at the discretion and expense of the promoter.

Backstage policy: One assistant max per competitor allowed, assistant MUST buy a trainers ticket, which is good for General Admission and back stage access.

Routines: Routine length 60 seconds for bodybuilding. Figure competitors furnish their own music for finals. Music should be at least 90 seconds long - can be faded out as competitors exit the stage area if longer than actually needed. All music is to be provided on CD only. Music should not contain any profanity. Costumes/props permitted for Bodybuilding. Props not permitted for Figure stage walks.

Host Hotel: La Quinta Inn & Suites Baltimore BWI Airport, 1734 West Nursery Rd, Linthicum, MD 21090. For reservations call (410) 859-2333 and ask for "OCB" group rate for \$79-85/night (group code may not be set up in system until after 8/31)

Directions: From host hotel to venue: From hotel drive 1 mi toward Andover Rd, take ramp onto MD-295 N toward Baltimore for 6 mi, bear right on Russell St, take left ramp onto Martin Luther King Jr Blvd – go 1.4 mi, bear left to stay on Martin Luther King Jr Blvd – go 0.6 mi, bear right on Read St, bear left onto W Chase St, continue on Cathedral St - go 0.2 mi then bear left on W Mt Royal Ave, turn right on W Oliver St - go 0.1 mi then turn right on Maryland Ave. Venue will be on the right.

Payment: Send Entry Form/Advance Ticket sale information and payments to: OCB, PO Box 1006, Bryans Road, MD 20616

Contact: www.theOCBwebsite.com, mshep@theOCBwebsite.com, (301) 375-9273

Keep this page for your reference

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ENTRY FORM

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

Have you ever won 1st place in any class, within any division, with any organization? No Yes (If yes, not eligible for Novice).

WAIVER/RELEASE	DIVISION(S) ENTERING <i>(check)</i>	
<p>Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.</p> <p>I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB.</p> <p>I have read, understand, and agree to the above terms.</p> <p>Name: _____ Date: _____</p> <p>Signature: _____</p> <p>If under 18, parent's name: _____</p> <p>Parent's signature: _____</p>	<p>Figure:</p> <p style="text-align: right;"> <input type="checkbox"/> Novice <input type="checkbox"/> Grand Masters Age 45+ <input type="checkbox"/> Masters Age 35+ <input type="checkbox"/> Open </p>	
	<p>Women's Bodybuilding:</p> <p style="text-align: right;"> <input type="checkbox"/> Novice <input type="checkbox"/> Grand Masters Age 45+ <input type="checkbox"/> Masters Age 35+ <input type="checkbox"/> Open </p>	
	<p>Men's Bodybuilding:</p> <p style="text-align: right;"> <input type="checkbox"/> Novice <input type="checkbox"/> Grand Masters Age 50+ <input type="checkbox"/> Masters Age 40+ <input type="checkbox"/> Open </p>	
Amount to Enclose with Entry Form:		
<p>If entry received by or postmarked by Sept 25th: Entry \$45, Crossover Entry \$30 per additional class. If registering after Sept 25th: Entry \$60, Crossover Entry \$45 per additional class. Entries will not be accepted after Thur Oct 7th.</p> <p style="text-align: center;">Entry Fee: \$ _____</p> <p style="text-align: center;">Crossover Fee(s): \$ _____</p> <p style="text-align: center;">Total: \$ _____</p>	<p>Payment by (check one):</p> <p><input type="checkbox"/> Check (If before Sept 25th)</p> <p><input type="checkbox"/> Money Order</p> <p><input type="checkbox"/> Visa or MasterCard</p> <p>Send Entry & Payment to:</p> <p style="text-align: center;">OCB PO Box 1006 Bryans Rd, MD 20616</p> <p>Or Fax to (240) 455-0640 if paying by credit card.</p>	

Complete this section if paying by Visa or Master Card *(additional 4% convenience fee charged)*.

Name as it appears on card: _____

Card #: _____ - _____ - _____ - _____ Circle: Visa or MasterCard *(only ones accepted)*

Exp Date: _____ Signature: _____ Date: _____



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Show times: Prejudging: 12:00pm, Finals: 4:30pm

Advance ticket purchases will be available for pick-up at the ticket counter the day of the event.

(Tickets Available for Sale at the Door the Day of the Event Also)

Advance Ticket Sales Order Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Ticket Type	Cost	Quantity	Total Cost
Adult General Admission Prejudging	\$15.00		
Adult General Admission Finals	\$30.00		
Adult General Admission Combo (good for both show times)	\$40.00		
Under Age 18 General Admission Prejudging	\$5.00		
Under Age 18 General Admission Finals	\$5.00		
Under Age 18 General Admission Combo (good for both show times)	\$10.00		
Trainer's Ticket (good for general admission seating at both shows and back stage access)	\$45.00		
<i>For trainer's ticket, name of competitor to accompany at show (required):</i>			
Total Cost			

Payment by (check one): Check (Not accepted after 9/25) Money Order Visa Master Card

Complete this section if paying by Visa or Master Card *(additional 4% convenience fee charged)*.

Name as it appears on card: _____

Card #: _____ - _____ - _____ - _____ Circle: Visa or MasterCard *(only ones accepted)*

Exp Date: _____ Signature: _____ Date: _____

Tickets non-refundable. Cash is only form of payment accepted the day of the event. Make Payments Payable and Mail to:

**OCB, PO Box 1006
Bryans Road, MD 20616**

Or Fax to: (240) 455-0640 *(if paying by Visa or Master Card)*